

EXERCISE 1:

Can you match the fishing method to the species?



ROPES



PEN



CREEL



TRAWL



SEINE

BROWN CRAB



MACKEREL



HADDOCK



SALMON



MUSSELS



EXERCISE 2:

Can you unscramble these species?



1. **TOELRSB**

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2. **DAODCHK**

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3. **AEMLRKEC**

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4. **AEHK**

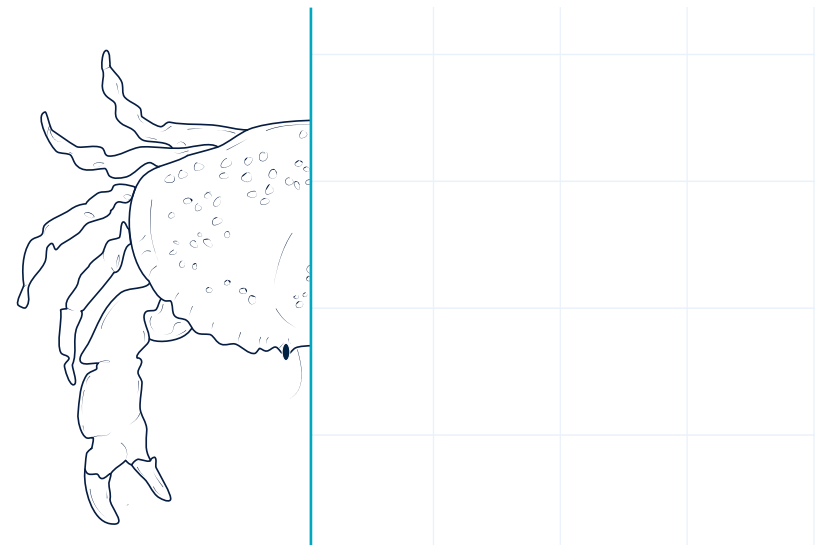
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5. **CLPOASL**

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**EXERCISE 3:**

Can you finish the picture? What's the name of the species?

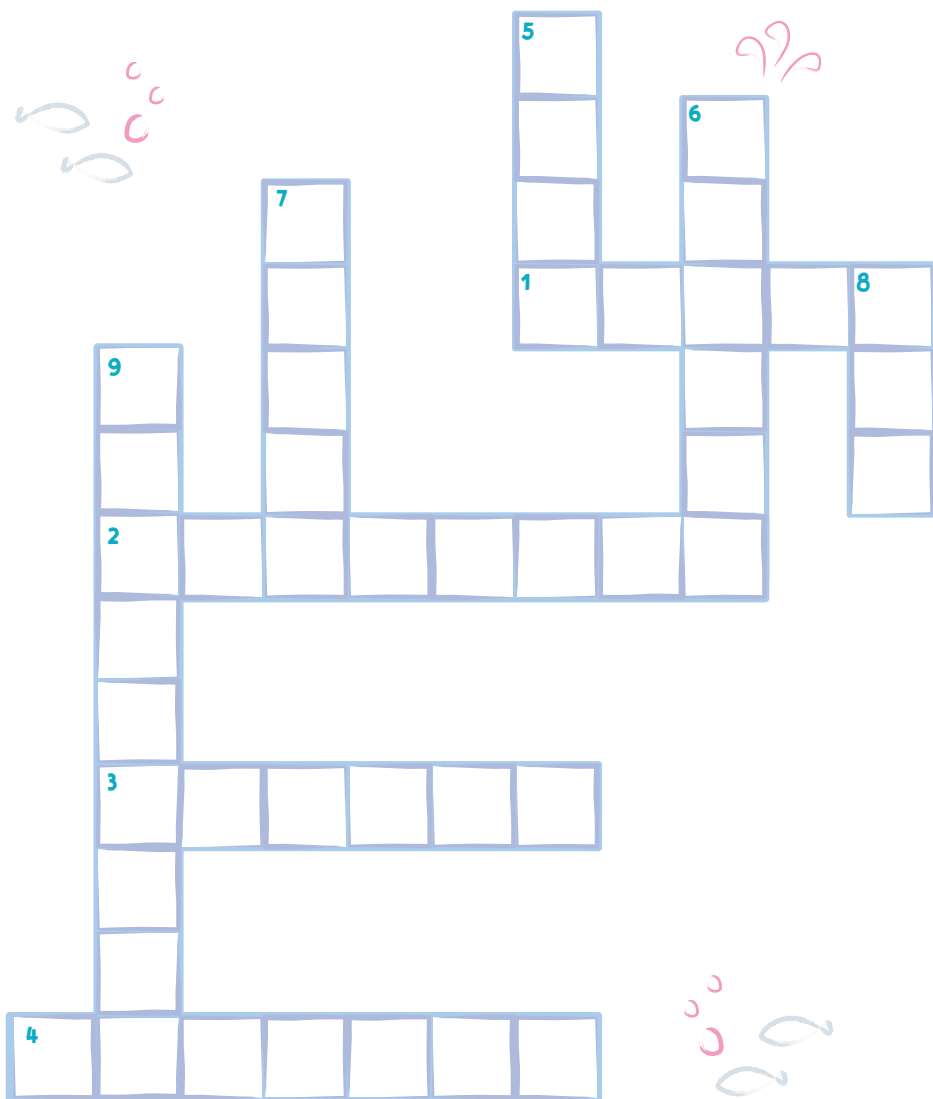


I'M A....

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EXERCISE 4:

Solve this crossword puzzle:



ACROSS

- Found in seafood, omega 3 helps protect your _____
- Scallops and mussels are a type of shellfish called _____
- _____ are kept in pens while they grow
- Oil-rich fish like herring and mackerel are _____ fish

DOWN

- There are 65 species of _____ we can eat in Scotland
- Nephrops are also called _____
- Crabs and other crustaceans are caught with a _____
- You should have at least _____ portions of fish each week
- _____ is a type of flatfish - but despite its name, it doesn't taste citrusy

EXERCISE 5:

How many words can you find? Words are hidden → and ↓.

S J I N F G L Y J I Z J	CREEL
E K P R O T E I N V L H	MOLLUSC
A G T R A W L V B G R S	PELAGIC
F L W H I T E F I S H N	PROTEIN
O C R E E L I C J Z B O	SEAFOOD
O Z N M O L L U S C U C	SHELLFISH
D I S H E L L F I S H R	TRAWL
A X D P E L A G I C D K	WHITEFISH